

FIRST RESPONDER HIGH QUALITY CPR PROTOCOL (2 PEOPLE)

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Begin Chest Compressions Immediately



- Think “Stayin’ Alive”
- Compress 2” deep at 100 compressions per min
- Ensure full recoil between compressions
- Avoid interruptions
- Continue for at least 30 minutes or until the person regains consciousness

Bag Valve Mask with ITD

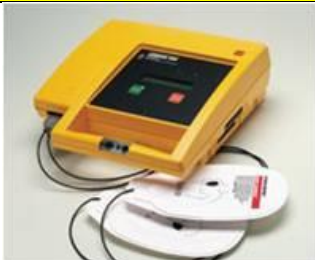
- No Hyperventilation
- Two handed continuous & tight facemask seal & jaw thrust
- Unsecured airway: 30 compressions:2 ventilations
- Secured airway: continuous compressions with 10 breaths/min
- Remove ITD upon ROSC

BEGIN ACTIVE COMPRESSION DECOMPRESSION (ACD) CPR ASAP

- Start Active Compression Decompression (ACD) CPR with ITD ASAP
- Use Metronome for ACD CPR rate 80/min
- Guide ACD with force gauge
- 10 breaths/min
- Rapidly rotate rescuers every 2 min



Apply AED



- Follow prompts and CPR feedback instructions. After 2 minutes of continuous compressions switch roles

