



Take Heart America Executive Summary

Take Heart America is an innovative - nationwide - cardiac arrest survival initiative. We work with resuscitation leaders as champions in communities to change behavior, grow relationships, implement leading technologies and ensure that every life that can be saved from cardiac arrest - is saved.

Our nonprofit unites citizens, students, community leaders, first responders, EMTs, paramedics, nurses, doctors and innovators in industry and science to eliminate disparities in care that lead to needless death.

We recognize that no single intervention is effective in the treatment of cardiac arrest. Due to the highly complex nature of cardiac arrest, multiple treatments and devices are needed to resuscitate and sustain patients. The elements of this Bundle of Care are synergistic: when the entire bundle is available and implemented using quality measures, survival rates from cardiac arrest soar.

Take Heart America site leaders commit to implement new recommended Take Heart America strategies as they become available and as site-specific support is secured. A Community Site Collaborative (CSC) members, representing every Take Heart site, ensures the full Bundle of Care is tailored to fit the local site climate and culture, and is implemented using quality assurance measures. Best-practice based training is provided, technologies are used as intended, and findings are reported. Site leaders commit to fully participate in the Cardiac Arrest Registry to Enhance Survival (CARES), or to collect the same data points, as a means of assessing performance improvement and sharing data. The CSC members ensure support is provided for all who are touched by cardiac arrest. Survivors, their loved ones and those who provide the lifesaving care are celebrated. Stories of success are shared throughout the community, and with other Take Heart America communities. takeheartamerica.org